

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Silver Menu Autumn 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 2/9/19 23/9/19 14/10/19 4/11/19 25/11/19 16/12/19	<b>Main</b>	Ham and Cheese Pizza	Pork sausage	Roast Chicken	Tuna pasta bake	MSC Fishfingers with Chips
	<b>Vegetarian</b>	Cheese pizza Potato wedges	Vegetable sausage with Cheesy mash potato	Mixed Vegetable Loaf with Quorn Mince Roast potato gravy	Tomato pasta bake	Cheese Quiche with Chips
	<b>Dessert</b>	Peas/Sweetcorn	Sweetcorn/pepper mix	Peas/Carrots	Green beans	Baked Beans
		Smoothie Fruit and Yoghurt	Iced sponge Fruit and Yoghurt	Peach crumble and custard Fruit and Yoghurt	Cherry muffin Fruit and Yoghurt	Apple, Cheese and Biscuits Fruit and Yoghurt
<b>Week 2</b> 9/9/19 30/9/19 21/10/19 11/11/19 2/12/19	<b>Main</b>	Chicken pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken pasta bake	MSC Fish in breadcrumbs with Chips
	<b>Vegetarian</b>	Cheese pizza Potato Wedges	Quorn Mince Pie with Gravy	Cauliflower Cheese	Macaroni Cheese	Quorn Sausage with Chips
	<b>Dessert</b>	Peas/Sweetcorn	Sweetcorn/Pepper mix	Carrot/ Swede	Coleslaw/ peas	Baked Beans
		Smoothie Fruit and Yoghurt	Shortbread Fruit and Yoghurt	Chocolate sponge and custard Fruit and Yoghurt	Ginger Muffin Fruit and Yoghurt	Apple, Cheese and Biscuits Fruit and Yoghurt
<b>Week 3</b> 16/9/19 7/10/19 28/10/19 18/11/19 9/12/19	<b>Main</b>	Ham and Cheese pizza	Chicken and sweetcorn pie,	Roast Pork with Roast Potatoes and Gravy	Pasta Bolognaise	Breaded fish
	<b>Vegetarian</b>	Cheese and tomato pizza Potato wedges	Quorn Mince Pie with New potatoes	Quorn roast with Roast Potatoes and Gravy	Vegetable Pasta	Cheese and tomato whirl with Chips
	<b>Dessert</b>	Peas/Sweetcorn	Green beans	Peas/Carrots	Sweetcorn/Pepper mix	Baked Beans
		Smoothie Fruit and Yoghurt	Cookie Fruit and Yoghurt	Orange sponge and custard Fruit and Yoghurt	Banana muffin Fruit and Yoghurt	Apple, Cheese and Biscuits Fruit and Yoghurt



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings