

05.09.18

Dear Parents/ Carers,

We have the amazing opportunity to offer all Reception and Nursery children 'Balance-ability' sessions this year which will run for 6 weeks each term every Friday morning. The programme is designed to help children gain the confidence and skills required to ride a pedal bike independently, getting them off to the best start in cycling. As well as this, it will develop gross motor skills, spatial awareness and dynamic and static balance and bilateral co-ordination.

The sessions will run in a 6 weekly block. Each child will have 2 terms of balance ability and your teachers will make you aware of when your child's sessions are running. The children will be split into 3 groups in each class and will run in the following order:

Reception session times 9.00am until 9.45am	Nursery session times 10.00am until 10.45am
Group 1 will have sessions in term 1 and term 3 Term 1 will start on the 14 th September, 2018 Term 4 will start on the 1 st March, 2018	Group 1 will have sessions in term 1 and term 3 Term 1 will start on the 21 st September, 2018 Term 4 will start on the 1 st March, 2018
Group 2 will have sessions in term 2 and term 4 Term 2 will start on the 9 th November, 2018 Term 5 will start on the 26 th April, 2018	Group 2 will have sessions in term 2 and term 4 Term 2 will start on the 9 th November, 2018 Term 5 will start on the 26 th April, 2018
Group 3 will have sessions in term 3 and term 6 Term 3 will start on the 11 th January, 2018 Term 6 will start on the 7 th June, 2018	Group 3 will have sessions in term 3 and term 6 Term 3 will start on the 11 th January, 2018 Term 6 will start on the 7 th June, 2018

The children will need to have their PE kits in school and make sure they have trainers/ daps with them. If you have any questions, please ask your class teacher.

Many Thanks

Miss Rushen
Assistant Principal

